

How to Disciple Your Students in the Adult Service

1. By Example!

So much more is caught than taught when it comes to living a Christian life. Having your student with you during the service is a prime opportunity for them to see you worship, engage with the message, take notes, pay attention, and value the Sunday morning service.

2. By Expectation

If you set the tone ahead of time that this service is for your student just as much as it is for you, and that they are there to **receive from the service rather than simply sit through it**, you communicate that you believe in them and their capacity to engage with God.

Raise the bar for your students. It is reasonable to expect your student to stand for the duration of the worship service, listen to the message, and put away their phone so it isn't a distraction.

3. By Conversation

Building a routine of talking about the sermon as a family is a great way to start discipleship conversations.

Don't be discouraged if you get a few weeks of *"I don't know"* in response to your questions. As you establish a routine of asking questions and digging for answers, your student will begin thinking more critically about the sermon while it's happening. Over time, the conversation will naturally begin to develop.

Here are a few great starter questions to get things going:

- Which of the songs from today was your favorite?
- What was the most interesting part of the message to you?
- What was something the pastor said that felt like he was speaking to you or talking about something you're going through?
- What is something from the message that made you want to change the way you live or act?

If this feels like **grilling**, your student might shut down. But if it feels like a conversation that goes both ways, they will be much more likely to open up.

Don't just rapid-fire questions. Ask follow-up questions, share areas where you felt the same way, and talk about places where **you** felt challenged. Let them see that you're not just testing whether they were paying attention—you genuinely want to hear what God is doing in them.